



Physical Rehabilitation

We provide comprehensive care to you and your pet through the integration of Science, Compassion, and Integrity.



At Sage Veterinary Centers, we currently offer physical rehabilitation in our Campbell and San Mateo locations. Physical rehabilitation is analogous to physical therapy in humans. It is the science of movement – physical rehabilitation aims to maximize the ability to move around in one’s environment and perform daily activities.



FOCUS ON FUNCTION

For a dog, daily activities include walking, running, playing, getting on/off furniture, grooming, or even specific jobs for working dogs. Following surgery, injury, or even just with age, these basic activities can be quite challenging. Physical rehabilitation provides all the same benefits such as pain management, improved joint range of motion, muscle strengthening, and an overall improvement in well-being. Not only do we work with animals recently recovering from surgery but we also offer treatment to non-surgical candidates (i.e. chronic degenerative disc disease, degenerative myelopathy), geriatric, and over-weight pets.

Our certified canine rehabilitation therapists – either a veterinarian certified in rehabilitation or a licensed physical therapist, will assess your pet to find where he is having issues and will create a personalized rehabilitation plan around your pet’s specific needs and goals.

Dogs are certainly the most common patients in physical rehabilitation, though we do work with cats and other animals as well.



YOUR FIRST VISIT

During your pet's initial visit, they will have a consultation or assessment performed by a physical therapist. This will include a detailed history, assessment of the home environment, and a discussion about what your expectations are for your pet's function. A comprehensive gait analysis will be performed as well as measurements of joint range of motion and muscle mass.

After the assessment you and your therapist will develop a therapeutic plan for your pet together that will often involve exercises that you can do at home as well as therapies that we can offer at our facilities. It is important for us to develop this with you so that you feel comfortable with being able to do the program at home given time and other potential constraints. You become an active partner in your pet's daily progress - and hopefully we make it a fun experience for both you and your pet.

THERAPY SESSIONS

As part of the therapeutic plan, your therapist might recommend a certain number of sessions a week be performed at one of our facilities. We encourage you to stay during the session so that you can see your pet's progress as well as give them comfort and encouragement. The therapies performed will progress over time and your therapist will make adjustments in both the in facility treatments as well as your home program. During this time, your therapist will also show you new home program exercises or help with any questions you might have about your program.

If your pet is scheduled to work within our underwater treadmill, please call and cancel if they have diarrhea within 24 hours of the visit.

Physical rehabilitation uses a variety of activities and modalities to work towards your pets' goals. We offer low level laser therapy, neuromuscular stimulation for strengthening or neurological re-education, manual therapy techniques, custom orthosis fabrication and fitting, therapeutic exercise, balance and proprioception (awareness of one's body in space) training, manual facilitation techniques, and gait training in and out of the underwater treadmill. By improving strength, balance, coordination, and minimizing pain, physical rehabilitation will help your pet return to his favorite activities, be more comfortable, and be happy.

SERVICES WE OFFER

- Manual Therapy
- Neuromuscular Electrical Stimulation
- Cold Laser Therapy
- Underwater Treadmill
- Personalized Home Programs
- Custom Orthotics
- Nutritional Advice



We take pride in offering you and your family only the best in quality and care.

www.sagecenters.com

• ***East Bay locations:***
1410 Monument Blvd.
Concord, CA 94520
Phone: (925) 627-7243
Fax: (925) 771-1181

7121 Amador Plaza Rd.
Dublin, CA 94568
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Fax: (925) 771-3043

• ***Peninsula location:***
251 N. Amphlett Blvd.
San Mateo, CA 94401
Phone: (650) 417-7243
Fax: (650) 344-4714

• ***South Bay location:***
907 Dell Ave.
Campbell, CA 95008
Phone: (408) 343-7243
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